



## OFFERS RELIEF FROM PAIN

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Increase Mobility

Decrease Pain



Shallaki(Boswellia serrata) extract 250 mg

Nirgundi(Vitex nirgundo) extract 50mg

Ashwagandha ( withania somnifera ) extract 12.5 mg

Shatavari (Asparagus recemosus) extract 50mg

Haridra (Curcuma longa) powder 25mg

Shunti (Zingiber Officinale) extract 10 mg

Bala (Sida Cordifolia) Extract 50mg

Rasna (Alpinia galanga) extract 50mg





## Boswellia

 Boswellia Serrata is a gum resin extracted from a tree, which is sometimes burnt as an aromatic or otherwise administered as medicine. It mostly used in Ayurvedic or Traditional Chinese Medicine.

## Studies found

 Clinical Evaluation of Boswellia Serrata Resin in the Management of Sandhivata: the effect decrease as the trial design was designed cohort with trial period of 1-6 months with the 47 number of subjects of both the genders.

